

## **Integration Weeks**

### **Improve your personal effectiveness**

The aim of this integration week is to improve personal effectiveness by building self-awareness through activities, reflections and academic material. As a consequence of the interactions during your time on the IMD campus with your fellow students, you will have built trust and relationships that will help you have more meaningful conversations throughout the rest of the program.

### **Improve your group effectiveness**

The aim of this integration week is to improve interpersonal and group effectiveness by building awareness through the use of experiential problem-solving activities in order to explore and reflect on leadership and small group behaviors.

### **Improve your organizational and societal effectiveness**

We will use this final integration week to build on the learnings from your previous experiences to explore your ability to maximize organizational and societal impact.